

5.0 Study Plan Schematic

Identify women aged 18-45 with Bipolar Disorder
(from within the STEP-BD Standard Care Pathway, other referral, or
advertisement self-referral)



Consenting patients screened for eligibility
(medications, diagnosis, urine pregnancy test, height and weight)



Eligible patients complete study visit at beginning of menstrual cycle
(menstrual history, skin examination, blood test)



Ultrasound completed if additional consent is given
(on same day plus or minus 3 months from study visit date)



Coded data, labs, and ultrasound sent to Massachusetts General Hospital